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## FRONT MATTER

### Title

- Electro-pneumatic Pumps for Soft Robotics
- Electro-pneumatic Pumps

### Authors

R. S. Diteesawat<sup>1,2</sup>, T. Helps<sup>1,2</sup>, M. Taghavi<sup>1,2</sup>, J. Rossiter<sup>1,2\*</sup>

### Affiliations

<sup>1</sup> Department of Engineering Mathematics, University of Bristol, BS8 1BU, UK.

<sup>2</sup> Bristol Robotics Laboratory, Bristol BS16 1QY, UK.

\* corresponding author's e-mail address: jonathan.rossiter@bristol.ac.uk

### Abstract

Soft Robotics has applications in myriad fields from assistive wearables to autonomous exploration. Currently, the portability and performance of many devices is limited by their associated pneumatic energy source, requiring either large, heavy pressure vessels or noisy, inefficient air pumps. Here we present a lightweight, flexible, Electro-pneumatic Pump (EPP), which can silently control volume and pressure, enabling portable, local energy provision for Soft Robots, overcoming the limitations of existing pneumatic power sources. The EPP is actuated using dielectric-fluid-amplified electrostatic zipping, and the device presented here can exert pressures up to 2.34 kilopascals, deliver volumetric flow rates up to 161 millilitres per minute and under 0.5 watts of power, despite only having a thickness of 1.1 millimetres and weight of 5.3 grams. An EPP was able to drive a typical Soft Robotic actuator to achieve a maximum contraction change of 32.40% and actuation velocity of 54.43% per second. We highlight the versatility of this technology by presenting three EPP-driven embodiments: an antagonistic mechanism, an arm-flexing wearable robotic device, and a continuous-pumping system. This work shows the wide applicability of the EPP to enable advanced wearable assistive devices and lightweight, mobile, multifunctional robots.

### Summary

A lightweight, flexible, high-performance, electrically-driven pump can replace large, heavy air supplies in Soft Robots.

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### Introduction

Soft Robotics is an emerging field, which may have wide impact across healthcare, industrial and robotic sectors (1–3). Many Soft Robotic devices employ pneumatic artificial muscles to exert forces and do work, due to their inherent compliance, low weight and high actuation speed. Applications include: soft actuators (4–10), wearable assistive devices (11–15), robot grippers (16, 17), soft manipulators (18, 19), smart skins (20, 21), and locomotion (22), navigation (23) and entirely soft-bodied robots (24).

Pneumatic artificial muscles exert high forces while contracting or extending under air pressure. However, their applications are limited by their associated large, heavy and noisy air supplies, which fundamentally limit their portability and performance (25–28). Conventional electromagnetic (motor-driven) pumps can be used, but these are bulky and rigid. A range of unconventional pumps have been developed as active air sources to address these issues, exploiting non-electromagnetic methods to generate air pressure. Dielectric elastomer (DE) pumps (29–31) have been shown to pump fluids, however these employ rigid frames, which limits their flexibility and suitability for Soft Robotics applications. Recently a stretchable electrohydrodynamic pump capable of pumping liquid (32), a soft combustion-driven pump (33) and a soft pneumatic pump activated using low-boiling point fluids (34) were developed to drive soft actuators, however limitations remain in terms of maximum flow rate (6 ml/min (32), 38.5 ml/min (33)) and electrical power consumption (145 kW m<sup>-3</sup> (32)).

Dielectric fluid actuators, such as electro-ribbon actuators (35) and hydraulically amplified self-healing electrostatic (HASEL) actuators (36, 37), have recently been developed, which exploit the electrical and hydraulic properties of a dielectric liquid. In these devices, the dielectric liquid amplifies the electrostatic force of attraction between two electrodes, resulting in high-performance actuation. HASEL actuators encapsulate the dielectric liquid within the actuator and exhibit high stress up to 0.3 MPa for standard actuators and up to 6 MPa for Peano-HASEL actuators (38). Electro-ribbon actuators are zipping structures which only require a tiny droplet of dielectric liquid at the point(s) where the two electrodes are closest, reducing total actuator mass. When electrically charged, the two electrodes progressively zip together, in a process known as Dielectrophoretic Liquid Zipping (DLZ), resulting in high-contraction (>99%) actuation.

In this article, we introduce the Electro-pneumatic Pump (EPP), a flexible, high-performance pneumatic pump driven by DLZ actuation that overcomes the limitations of conventional electromagnetic pneumatic power sources, generating higher air flow rate and consuming less power. We evaluate the pressure-generating capabilities of the EPP and its behavior when driving a typical pneumatic actuator. We demonstrate a range of EPP applications: antagonistic actuation, a wearable robotic device for the arm, and a continuous pumping system, showing the EPP's versatility and potential to be used as a silent, lightweight, fast-response pump. These characteristics endow the EPP with the potential to impact widely across robotics and enable a new generation of entirely soft robots.

## Results

### Electro-pneumatic Pump concept

The Electro-pneumatic Pump (EPP) is an active air-transferring device driven by electrostatic zipping. It consists of a flexible air-filled pouch with a pair of electrodes integrated into its sides. These electrodes form a zipping structure, which, upon electrical stimulation, acts to reduce the volume of the pouch and thereby generate pressure (fig. 1A).

The EPP is fabricated using two identical pouch sides (as shown in fig. 1D), each comprising an insulated electrode, backing material and outer pouch wall. The pouch sides are then heat-sealed around their edges to form a sealed pouch (fig. 1B). The pouch is typically larger than the electrodes in at least one direction, allowing the actuator to expand when filled with air. An air connector is added to one side of the EPP to permit air flow into and out of the actuator. The EPP is flexible and can be easily bent as shown in fig. 1C. The facile structure of the EPP allows simple, low-cost fabrication of a wide variety of functional soft pumps.

A typical EPP is made using electrodes of dimensions 8 cm x 3 cm. Actuation of the EPP is defined by three adjacent *zipping edges* and two *zipping corners* where the zipping edges meet (fig. 1B). The *zipping angle* ( $\alpha$ ) defines the angle between two electrodes (fig. 1A). In its fabricated state, the EPP has zero internal volume and  $\alpha = 0$  (fig. 1F). For the EPP to actuate,  $\alpha$  must be greater than zero and it must contain an internal air volume. To achieve this, air must be injected into the EPP. The injected air volume ( $v_{in}$ ) refers to the volume of air at atmosphere pressure ( $P_{atm}$ ) and at room temperature that is injected into the pneumatic system. As the EPP is inflated (increasing  $v_{in}$ ), it deforms and  $\alpha$  increases (fig. 1F). As  $v_{in}$  increases, the pressure and volume of the whole pneumatic system changes since air is compressible. Initial pressure,  $P_i$ , is the pressure of the system with no EPP actuation (0 kV), and actuated pressure,  $P_a$  (V), is the pressure at applied voltage  $V$ . The addition of two check valves allows the EPP to pump air continuously.

EPP actuation employs the concept of Dielectrophoretic Liquid Zipping (DLZ) (35) in a closed system: the electrodes are oppositely charged, and the small droplet of liquid dielectric contained inside the pouch amplifies electrostatic force, allowing for high-force, progressive electrostatic zipping that acts to close the pouch and transfers compressed air to a connected pneumatic device (fig. 1E). This electrostatic force decreases monotonically as zipping angle  $\alpha$  increases. Fig. 1G shows electrostatic zipping and the resultant increase in pressure as the applied voltage is increased in a mathematical model of an EPP system. The mathematical model is provided in the Supplementary Materials.

To evaluate the fundamental characteristics of the EPP, a typical EPP was fabricated without check valves and tested to characterize its pressure-generating capabilities (as shown in fig. S5). When increasing  $v_{in}$ , initial pressure ( $P_i$ ) increased while actuated pressure ( $P_a$ ) decreased, causing reduction of  $\Delta P$ , the difference between  $P_a$  and  $P_i$  ( $\Delta P = P_a - P_i$ ), as shown in fig. 1H and S4.

At low  $v_{in}$ , the EPP fully zipped ( $\alpha \rightarrow 0$ ), resulting in a strong electrostatic force and associated high pressure generation. In contrast, at high  $v_{in}$ , the EPP partially zipped since

the larger air volume resisted compression, resulting in a larger zipping angle and lower electrostatic force. Further increasing  $v_{in}$  prevented the EPP from zipping.

To demonstrate the efficacy of the EPP in transferring air, it was used to actuate a typical pneumatic contractile actuator, a Bubble Artificial Muscle (BAM) (5, 6) derived from the series pneumatic actuator (7), which was made from 30  $\mu\text{m}$  thick, 17 mm radius plastic tubing and had length 40 mm and unactuated radius 3 mm, loaded with an external mass of 26.5 g. The EPP was connected through a three-way valve to the BAM and a syringe, allowing for control of initial air volume ( $v_{in}$ ) (fig. 1J). BAM contraction ( $C$ ) is defined as actuator length subtracted from extended length, divided by extended length, expressed as a percentage.  $C$  is equal to 0% at no inflation (full extension). Initial contraction ( $C_i$ ) is the BAM contraction at no EPP actuation (0 kV) and pressure  $P_i$ . Actuated contraction ( $C_a$ ) is the BAM contraction at applied voltage  $V$  and pressure  $P_a(V)$ , where  $0 \leq C_i \leq C_a$ . Contraction change  $\Delta C$  is the difference between  $C_a$  and  $C_i$  ( $\Delta C = C_a - C_i$ ). As voltage applied to the EPP was increased,  $\Delta C$  increased up to a maximum of 32.40%. Full zipping of the EPP occurred at a voltage of 8 kV (fig. 1I and 1K).

When a voltage is applied, the EPP starts zipping from the zipping corners, which have the shortest distance between two electrodes, resulting in the highest electric field. As the EPP zips, the dielectric liquid is squeezed along in the same direction, such that it is always coincident with the zipping point. This ensures that it amplifies electrostatic force as the EPP progressively zips (fig. 1L). BAM contraction and EPP zipping are shown in Movie S1.

### **Characterization of combined Electro-pneumatic Pump and Bubble Artificial Muscle (EPP-BAM) system**

The previously described BAM was used to evaluate the performance of the EPP in an isotonic experimental setup (fig. S5). Actuation of the BAM under different loads is shown in fig. S6. Various air volumes ( $v_{in}$ ) were injected into the EPP-BAM system, and a voltage of 8 kV was applied to the EPP (8 cm x 3 cm). At a given voltage, the maximum amount of zipping in the EPP and maximum contraction change ( $\Delta C$ ) of the BAM were dependent upon  $v_{in}$  (fig. 2A). For each load, there was a  $v_{in}$  that maximized actuated contraction  $C_a$  (fig. 2B). Below this  $v_{in}$ , the EPP fully zipped, but did not displace enough air to maximally contract the BAM. Above this  $v_{in}$ , the injected air resisted EPP actuation, as in the case of the EPP pressure experiments (fig. 1H). This resulted in less displaced air and lower  $\Delta C$ . This behavior of the EPP-BAM system can be observed in Movie S2. At 8 kV EPP actuation, the BAM delivered  $\Delta C$  of 31.48%, 29.05% and 18.29% under loads of 26.5 g, 50.2 g and 100.4 g, respectively (fig. 2B). Both maximum  $C_a$ , and the injected air  $v_{in}$  at which  $C_a$  was maximized, decreased with increasing load.

The EPP-BAM system with an external load of 26.5 g, containing  $v_{in}$  of 17 ml (the injected air volume that maximized  $\Delta C$  at this load) was studied further to observe change in BAM contraction, pressure of the EPP-BAM system and BAM actuation velocity at different voltages (fig. 2C). BAM contraction started at 4 kV and reached a maximum at 7 kV, whereas the actuation velocity continuously increased with applied voltage as electrostatic force increased (Movie S3). The BAM actuated by the EPP at different voltages showed the same contraction-pressure relationship as that of a syringe-actuated BAM (fig. 2D). Variation between three EPP-BAM systems featuring different EPPs with the same electrode dimensions is shown in fig. 2E.

## EPP design characterization

To explore the effect of different designs on the performance of the EPP, three additional EPP designs with different dimensions were fabricated without check valves and tested (varying electrode length and width while conserving total electrode area). We refer to these EPP designs as D2, D3 and D4; the EPP design previously presented is D1 (fig. 3A and table S1). These four EPPs have different length zipping edges but have similar weight (4.9-5.3 g). The volume of dielectric liquid injected into each EPP was kept to a minimum and was between 1-2% of the maximum volume of the EPPs (table S1). The inflation stiffness of each EPP design is different due to their different geometry, as can be observed by the change of initial pressure ( $P_i$ ) when inflating them with a certain  $v_{in}$  (fig. 3B). EPP stiffness increases from design D1 to design D4.

The actuated pressure changes ( $\Delta P$ ) of these four EPPs are illustrated in fig. 3C. Higher applied voltage resulted in higher pressure. The maximum  $\Delta P$  occurred when the EPPs contained low  $v_{in}$  and almost fully zipped, except for EPP D3, for which there was intermediate  $v_{in}$  that maximized  $\Delta P$ . We attribute this to buckling and creasing effects associated with this design.  $\Delta P$  decreased with increasing  $v_{in}$  and reduced to zero at different  $v_{in}$  for different designs. EPP D4 generated the highest  $\Delta P$  of 2.34 kPa (fig. 3C). In contrast, EPP D2 delivered the highest peak specific energy, energy density, specific power, and power density of 2.59 J/kg, 356.68 J/m<sup>3</sup>, 112.16 W/kg, and 15.46 kW/m<sup>3</sup>, respectively (fig. S8).

Fig. 3D shows key performance metrics of each EPP when actuating the previously described BAM under loads of 26.5, 50.2 and 100.4 g, at  $V = 8$  kV. For each design, the  $v_{in}$  that maximized  $C_a$  was used. When increasing  $v_{in}$  at 0 kV, the BAM connected to the stiffest EPP D4 had a larger initial contraction  $C_i$  compared with the BAM connected to the softest EPP D1 (fig. 3E), since the stiffer EPP implies a lower ratio of injected air between EPP and BAM. When the EPP is stiffer than the BAM, most of  $v_{in}$  will remain in the BAM. When the load was increased, more air was pushed into the EPP, reducing  $C_i$  (fig. 3F).

EPP D1 was found to produce the highest contraction change  $\Delta C$ , among all EPPs and loads tested (fig. 3, D and G). EPPs require very low currents to deliver actuation; maximum current draw for all EPPs was less than 100  $\mu$ A, and continuous current draw in their actuated state (while maintaining pressure), was less than 20  $\mu$ A at 8 kV (fig. 3D), implying low power consumption less than 0.16 W. Efficiency was calculated by dividing mechanical output power by electrical power consumed; EPP D4 had the highest peak efficiency of 46.5% (fig. S8).

## EPP-BAM capabilities

Experiments were performed to demonstrate the versatility of this novel soft pump. EPP D1 was connected to the previously described BAM, loaded with a mass of 26.5 g. The EPP-BAM system contained  $v_{in} = 15$  ml, and the EPP was actuated at different frequencies between 0.1 and 2.0 Hz at  $V = 8$  kV (fig. 4A and Movie S4). The highest frequency that allowed for full contraction of the BAM was 0.2 Hz; the interpolated -3dB cutoff frequency was at 0.38 Hz (fig. 4B).

Voltage control of EPP-BAM systems is also possible; fig. 4C shows EPP D1 holding the BAM at various intermediate contractions, reachable by adjusting voltage. To increase and decrease BAM contraction, voltages of 8 kV and 1 kV, respectively, were applied momentarily. To hold BAM at different  $C_a$ , a holding voltage in the range of 3.7-4.7 kV was applied depending on the amount of contraction. This provides a promising possibility for the EPP pump to be readily controllable. An example of the EPP control can be found in Movie S5.

Cyclic testing was undertaken over ten thousand cycles at a frequency of 1 Hz (fig. 4D). EPP D1 was actuated at a voltage of 8 kV, while the BAM was loaded with a mass of 70 g. The EPP-BAM system contained  $v_{in}$  of 7 ml, less than in the experiments for fig. 4A, to enable full zipping at 1 Hz actuation. After 8,000 cycles, the contraction change ( $\Delta C$ ) reduced by 1.17% (fig. 4E).

### Electro-pneumatic Pump for Soft Robotics applications

Experiments were undertaken to demonstrate the suitability of the EPP for use in real-world applications. Using a pair of EPP-BAM systems (of design D1) allows for an antagonistic mechanism, connecting each end of the BAMs to a connecting bar (fig. 5A). The EPPs were actuated with a 180° out of phase square wave at a range of frequencies. The system moved the connecting bar at frequencies up to 5 Hz (Movie S6).

An arm-flexing wearable robotic device was designed as shown in fig. 5B. The device consisted of two EPPs (design D1) connected in parallel, a BAM with 3 contractile units (total length 11.5 cm, unactuated radius 2 mm), and a plastic skeleton arm to represent a human arm. Both EPPs were actuated simultaneously, causing the BAM to contract and the forearm (mass 18.62 g) to lift. A maximum stroke of 23.0 cm was achieved at  $v_{in} = 40$  ml (fig. 5C-F and Movie S7). When deactivating the EPPs, the arm lowered due to gravity; an antagonistic mechanism for both flexion and extension could be applied to the arm to increase the speed at which the arm lowered. The wearable robotic device was able to deliver up to 15.1 cm and 9.6 cm stroke while the arm was loaded with a 4.8-g toy duck and a 20-g mass respectively (fig. 5, G-J).

A continuous-pumping system was fabricated by inserting a sponge between the two electrodes at the center of an EPP (design D1, fig. 6A). This sponge acts as a soft spring, generating a restoring force to open the EPP at 0 kV. In previous experiments, the restoring force was provided by the compressed air within the system, and additionally the external load in the case of the EPP-BAM system. The EPP was connected to two one-way valves for passive control of air input and output, enabling continuous pumping. Two experimental setups were used to evaluate the flow rate at atmospheric pressure ( $P_{atm}$ ) and at output pressure higher than  $P_{atm}$  as shown in fig. 6A and S9A, respectively. In the first experimental setup ( $P_{atm}$ ), the EPP pump was connected to a volume measurement setup comprising a water trough and an inverted 10-ml measuring cylinder (fig. 6A). The EPP was actuated at an applied voltage of 10 kV at different frequencies. Two experiments were undertaken using this setup. In the first experiment, pumped air volume after two cycles was recorded (fig. 6, B and C). In the second experiment, flow rate was calculated during two seconds of actuation (fig. 6, D-F and Movie S8). When actuating the EPP pump for two cycles, the pumped air volume decreased with increasing frequency (fig. 6C). When actuating the EPP pump for two seconds, the EPP flow rate was maximized first at 2.65 ml/s at 2 Hz. Its flow rate slightly reduced when frequency was increased,

until approaching a second peak of 2.68 ml/s at 25 Hz (fig. 6D). The high flow rate achieved at high frequency and associated small EPP contractions suggests the possibility of creating an extremely small EPP pump which retains the high performance of the EPP demonstrated here. In the second experimental setup, output flow rate was measured using a flow rate sensor as back pressure (set up varying the height of water above the output) was varied (fig. S9A). The EPP exhibited lower flow rates as output back pressure was increased, and flow rate was maximum at 5 Hz (fig. S9, B and C), consistent with the first pumping experiment (at  $P_{atm}$ ). When output pressure was higher than  $P_{atm}$ , flow rate reduced considerably above 20 Hz. Fig. 6G shows the relationship between flow rate and pressure at different frequencies. Average electrical power consumption decreased with higher pressure but increased with higher frequency (Fig. S9D). This is because the EPP zipped more at low pressure, resulting in higher current consumption. The initial region of zipping required the highest current consumption to rapidly charge the electrodes, thus actuation at high frequency (with more charging cycles) increased power consumption.

To demonstrate the flexibility of the EPP, pressure change  $\Delta P$  was recorded for a bent EPP of design D1 (fig. S10). With increasing bending, initial pressure  $P_i$  increased, while pressure change  $\Delta P$  when actuated reduced (fig. S10B). Actuation at lower frequency allowed the EPP to zip more, resulting in larger pressure generation. Fig. S10C shows pressure change over time for an unbent and bent EPP at frequencies of 0.2, 0.5 and 1.0 Hz.

## Discussion

We have presented the Electro-pneumatic Pump (EPP), a lightweight, flexible device capable of generating pressure and transferring air when electrically charged. Its stiffness depends on its geometry and the materials used in its fabrication; stiff EPPs generated high pressure, while soft EPPs transfer high air volumes. EPP maximum pressure change was 2.34 kPa (specific and density values are  $0.472 \text{ MPa kg}^{-1}$  and  $78.7 \text{ MPa m}^{-3}$ ), lower than the 14 kPa delivered by the stretchable pump presented in (32), however the EPP is capable of pumping air rather than liquid, making it suitable for driving pneumatic artificial muscles.

The highest continuous pumping air flow rate demonstrated here was 2.68 ml/s ( $161 \text{ ml min}^{-1}$ ). It exhibits high specific flow rate ( $30.5 \text{ l min}^{-1} \text{ kg}^{-1}$ ), comparing favorably with that of the stretchable pump ( $\sim 4 \text{ l min}^{-1} \text{ kg}^{-1}$ ). Its flow rate density ( $4.59 \text{ kl min}^{-1} \text{ m}^{-3}$ ) was similar to that of the stretchable pump ( $5.13 \text{ kl min}^{-1} \text{ m}^{-3}$ ) and the combustion-driven pump ( $0.82 \text{ kl min}^{-1} \text{ m}^{-3}$ ) presented in (33).

The EPP exhibits extremely low power consumption (less than  $0.53 \text{ W}$  or  $15.0 \text{ kW m}^{-3}$ ), lower than that of the stretchable pump ( $145 \text{ kW m}^{-3}$ ) and considerably lower than that of a commercial electromagnetic miniature pump ( $512 \text{ kW m}^{-3}$ , MGD 1000S (39)) with a similar flow rate density ( $8.5 \text{ kl min}^{-1} \text{ m}^{-3}$ ). EPP D4 exhibited the highest peak efficiency of 46.5%.

The EPP-BAM system delivered a maximum  $\Delta C$  of 32.4% (load 26.5 g) and lifted a maximum load of 100.4 g (corresponding to 0.98 N), which compares favorably with the maximum  $\Delta C$  of 2.2% and maximum blocking force of 0.84 N reported for thin McKibben muscles actuated by the stretchable pump (40). Its maximum actuation velocity



was 54.43%/s at 10 kV (fig. 2C). Voltage control experiments with the EPP-BAM suggest it is readily controllable, enabling applications where precise pumping behavior is required.

Although the EPP is driven by high voltage, no conductors are exposed to the outside of the pump other than insulated wires, which limits the possibility of exposure to high voltage. Furthermore, the maximum current delivered to the EPPs demonstrated here was less than 100  $\mu$ A, considerably lower than the 20 mA maximum permitted by Underwriters Laboratories (UL) and International Electrotechnical Commission (IEC) consumer electronics safety standards (41).

EPPs can be used as a portable pump for soft robotics when paired with a miniature portable high-voltage supply as in (32), which has a mass of only 20 g, demonstrating their potential for wearable robotics applications. The EPP-BAM wearable robotic device was able to drive an arm to exert force and do work, suggesting it can generate useful forces for wearable applications. While the wearable EPP device was demonstrated lifting a limited weight of 20 g (in addition to the 18.62 g forearm), future wearable devices will integrate cells containing multiple improved EPPs to deliver higher forces. Nonetheless, the wearable EPP device presented here is suitable to low-force wearable applications such as tactile stimulation and touch-based navigation.

To improve the EPP's performance in generating pressure and flow rate, different geometries and actuator designs can be investigated to increase the active zipping region and reduce the inactive region. For example, triangular electrodes whose width increases as zipping propagates could increase electrostatic force as backpressure increases. In the future, the EPP-BAM system will be miniaturized, resulting in a smaller zipping angle, improving zipping effectiveness. For integration into assistive clothing, several miniaturized EPP units can be included in an array, which can be actuated to assist body movement when required. Finally, different materials with higher permittivity and electrical breakdown will be explored to improve electrostatic force and actuation performance. In addition, the control schemes and self-sensing of similar dielectric zipping actuators (42) can be implemented in the EPP to improve actuation precision and performance.

The Electro-pneumatic pump's high performance and versatility demonstrated in this article show its wide applicability across robotics and autonomous systems. As a flexible, silent, lightweight, fast-response pump it has the potential to enable advanced wearable assistive devices and a new generation of entirely soft, mobile, multifunctional robots.

## Materials and Methods

### Manufacture of Electro-pneumatic Pump

EPPs were fabricated from two identical pouch sides; each side included an insulated electrode, backing material and outer pouch wall (fig. 1D). 130  $\mu$ m thickness polyvinyl chloride (PVC) tape (AT7, Advance Tapes, UK) was used as an insulator. 35  $\mu$ m thickness copper tape (AT525, Advance Tapes, UK) formed the electrode, attached to a 240  $\mu$ m thickness PVC backing sheet (A4 Clear PVC Covers, Binding Store Ltd., UK).

The backing material provided stiffness to the actuator. Electrical connections were made using enameled copper wires (CUL 100/0,15, BLOCK Transformatoren-Elektronik GmbH, Germany). 125  $\mu\text{m}$  thickness low-density polyethylene (LDPE) layflat tubing (LFT9500STK, Polybags Ltd, UK) was used as a pouch material, and pouch sides were heat-sealed around their edges, using an impulse heat sealer (HS300C, Polybags Ltd, UK), to form an EPP. A 1/16 inch diameter polypropylene straight connector (# 06365-11, Cole Parmer, UK) was attached to one side of the pouch by hot glue. A drop of silicone oil (#317667, Sigma-Aldrich, USA) was injected into the pouch to act as the dielectric liquid. The total thickness of the empty EPP was 1.10 mm. For the continuous-pumping system (fig. 6), a sponge with dimensions 10 x 10 x 12 mm (103-4073, RS Components Ltd., UK) was inserted into the EPP prior to final sealing.

The improvement of electrostatic force in dielectric zipping actuators using different materials has been investigated in (43), suggesting that materials with high permittivity are preferred and that the insulator permittivity should be higher than the medium permittivity. Consequently, silicone oil and PVC tape were selected to be used as dielectric liquid and insulator due to their high permittivity and electrical breakdown strength, resulting in high electrostatic force amplification. The relative permittivity of silicone oil and PVC tape are 2.7 and 4.62. Silicone oil has a breakdown strength of 20 MV/m (around 6.7 times greater than that of air), while a single-layer of the PVC tape used has a breakdown voltage of 8000 V, implying around 60 MV/m given its 130  $\mu\text{m}$  thickness (around 20 times greater than that of air) (35).

## Manufacture of Bubble Artificial Muscle

BAMs (5) were made from 30  $\mu\text{m}$  thick low-density polyethylene (LDPE) layflat tubing (LFT2120STK, Polybags Ltd, UK) as an actuator membrane. One actuator end was connected to a polyurethane tube with outer radius 3 mm (197377, FESTO, Germany) for air input/output, and heat shrink tubing was used to seal the layflat tubing to the polyurethane tube. The impulse heat sealer was used to seal the other end of the BAM, and both ends were further secured using cable ties. For the BAM used in the wearable robotic device, two metal retaining rings with inner radius 2 mm (MM Watch Co. Limited, UK) were added to create three series contractile units to increase its total actuation stroke.

## Experimental setup

### i. Performance evaluation

Fig. S5 shows the experimental setup used to evaluate the performance of the EPP. By changing the position of the three-way valve, three different experiments were conducted: 1. EPP pressure generation (only EPP), 2. BAM manual inflation (only BAM) and 3. BAM actuation by the EPP (EPP-BAM system).

First, the EPP was evaluated by measuring the air pressure when a fixed volume of air at atmospheric pressure was injected into the system, and a voltage was applied across the two electrodes. The EPP was connected to a pressure sensor (HSCDANN030PGAA5, Honeywell, US) to measure internal pressure, and a standard 60 ml syringe was used to inject a known air volume ( $v_{in}$ ) through the three-way valve (Cole Parmer, UK). The EPP was charged using a 0.68 kg high voltage amplifier (5HVA24-BP1, UltraVolt, USA) at a range of input voltages, controlled by a computer running MATLAB. A National

Instruments data acquisition device (NI USB-6343, National Instruments, USA) was used to control the input voltage and to record output data at a sampling frequency of 1,000 Hz. Each test was repeated three times.

Second, the contraction-pressure relationship of the BAM was determined by measuring contractile displacement and internal pressure while adjusting  $v_{in}$  using the syringe. Different external loads were suspended from the BAM. A laser displacement sensor (LK-G152, Keyence, Japan) was used to measure the displacement of the load. Each test was repeated three times for a range of loads.

Third, the performance of the EPP in inflating the BAM was assessed by connecting the EPP and BAM together. The EPP was actuated, and the pressure of the EPP-BAM system and BAM contraction were recorded. The syringe was used to control  $v_{in}$  of the EPP-BAM system. Each experiment was repeated three times at a range of  $v_{in}$  and loads.

## **ii. Arm-flexing robotic device**

An arm-flexing robotic device was demonstrated on a skeleton arm model (12.5 cm long upper arm and 22 cm long forearm and hand) (fig 5B). The BAM was anchored to a rigid mount near the shoulder, and to the forearm 4 cm from the elbow. Actuation of the BAM lifted the 18.62 g forearm.  $v_{in}$  was adjusted to deliver the highest flexion. The weight of the series BAM and two EPP units were 2.48, 5.72 and 5.82 g respectively, resulting in total weight of the wearable robotic device of 14.02 g.

## **iii. Continuous-pumping system**

For the continuous-pumping system (fig. 6 and S9), two one-way valves were connected to the EPP to ensure directional pumping. For actuation at atmospheric pressure  $P_{atm}$  (fig. 6), an outlet tube was set at the same position of water level in water trough, where output pressure is  $P_{atm}$ . Pumped air volume was measured by observing the change in water level in a 10-ml measuring cylinder (# 11517832, Fisher Scientific UK Ltd, UK). To evaluate flow rate at different output pressure higher than  $P_{atm}$ , a flowrate sensor (AWM510VN, Mass Air Flow Sensor, Honeywell, US) was connected to the EPP pumping system, and its outlet was connected to a tube through the pressure sensor. This tube was set at different water levels to apply different output pressures, as shown in Fig. S9A.

## **iv. Pressure generation of bent EPP**

The continuous-pumping EPP was actuated at its natural shape and increasingly bent shapes (Fig. S10A). It was bent by constraining it within a clamp, with clamp length ( $L_{clamp}$ ) was set at 90 mm (unbent), 75 and 70 mm. It was actuated at different frequencies, but constant maximum applied voltage of 8 kV to generate pressure change  $\Delta P$ , measured by the pressure sensor.

## **Data acquisition and analysis**

For visualization, all data was smoothed using the MATLAB “smooth” function with *span* of 0.01 and *method* of ‘rloess’. In some experiments, the EPP pressure under actuation either increased asymptotic to a stable value or retained a small oscillatory component. In all cases, the average data in the stable region was used as the recorded value.

## Actuation simulation of the EPP

Fig. 1G shows zipping simulation and pressure generation of an EPP device of similar dimensions to design D1 (8 cm long, 3 cm wide electrodes) when electrically charged at applied voltages from 0 to 10 kV. It contained initial internal pressure of 25 Pa and 0.34 ml silicone oil, as liquid dielectric, to amplify electrostatic force at both zipping corners. The electrostatic pressure and force were derived based from (35), and the actuator shape was simulated using Euler-Bernoulli beam theory, assumed as a fixed-fixed beam. An electrical breakdown assumption and zipping detection were also included in this simulation. Since the EPP contained a constant air volume, the ideal gas law was used to calculate the change in pressure due to change in the actuator shape. Full details of the mathematical model and simulation process can be found in ‘Materials and Method’ section of Supplementary Materials and fig. S1 to S3.

## Calculation of energy, power and efficiency

Energy, power and efficiency are calculated from pressure generation of the EPPs, considered as an isothermal system since the temperature ( $T$ ) was not observed to change during actuation. Output energy ( $E_{output}$ ) is a function of  $nRT \cdot \log(P_A/P_B)$ , where  $n$  is amount of gas,  $R$  is ideal gas constant ( $8.314 \text{ Jmol}^{-1}\text{K}^{-1}$ ), and  $P_A$  and  $P_B$  are absolute pressure at different states after certain period: initial pressure at no actuation,  $P_i$ , and actuated pressure at time  $t$ ,  $P_a(t)$ , respectively. Since the EPP is a closed system containing a constant amount of air,  $n = (P_{atm})(v_{in} + v_{connector})/RT$ , where  $v_{in}$  and  $v_{connector}$  are the injected air volume and volume of the connecting tube between the EPP and the pressure sensor (approximately 1.5 ml) at atmospheric pressure  $P_{atm}$ , respectively. Thus, the equation to calculate  $E_{output}$  is:

$$E_{output}(t) = (P_{atm})(v_{in} + v_{connector}) \cdot \log\left(\frac{P_i + P_{atm}}{P_a(t) + P_{atm}}\right) \quad (1)$$

Output power ( $P_{output}$ ) is calculated as the change in output energy over one millisecond, and input power ( $P_{input}$ ) is the product of applied voltage ( $V$ ) and current drawn ( $I$ ) at each millisecond, measured by the high-voltage amplifier and data acquisition device. Input energy ( $E_{input}$ ) is the definite integral of input power over an actuation time interval from zero to  $t$ . Efficiency is calculated as the ratio between  $P_{output}$  and  $P_{input}$ . Power and efficiency are calculated at every millisecond and reported as peak values.

Specific energy and power of each EPP were calculated by dividing the energy and power with their respective actuator mass, whereas their energy and power density were calculated by dividing the energy and power with their respective maximum actuator volume. The actuator mass and maximum actuator volume of each EPP can be found in table S1.

Outlying spikes in generated pressure were removed using MATLAB ‘medfilt1’ function (default arguments), and noise was removed using the MATLAB ‘smooth’ function with a *span* argument of 50 (calculating a smoothed value from 50 data points). Efficiency was also smoothed using the same approach. Examples of input and output energy, power, and efficiency of EPPs during pressure generation and the comparison between EPPs with four different designs are shown in fig. S7 and S8, respectively.

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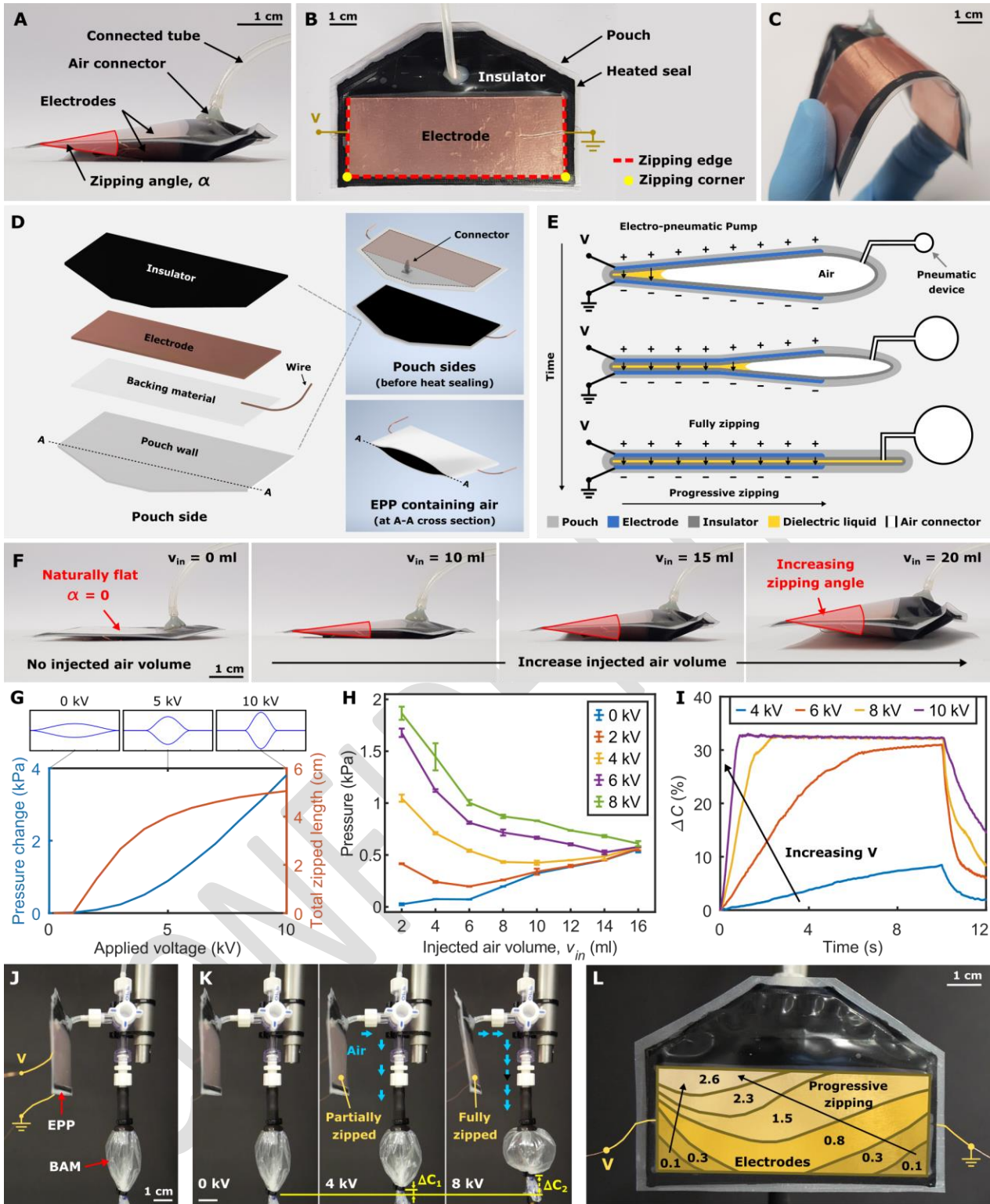
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**Author contributions:** RSD, TH, MT and JR jointly conceived of EPPs and all device concepts. RSD designed the experiments, manufactured the devices, collected the data, performed the analysis, interpreted the results, wrote the manuscript, and created the movies. TH, MT and JR advised on all parts of the project and reviewed and edited the manuscript.

**Competing interests:** The authors declare that they have no competing interests. Two patent applications have been filed relating to this work by the University of Bristol: GB1710400.1A; WO2019002860A1.

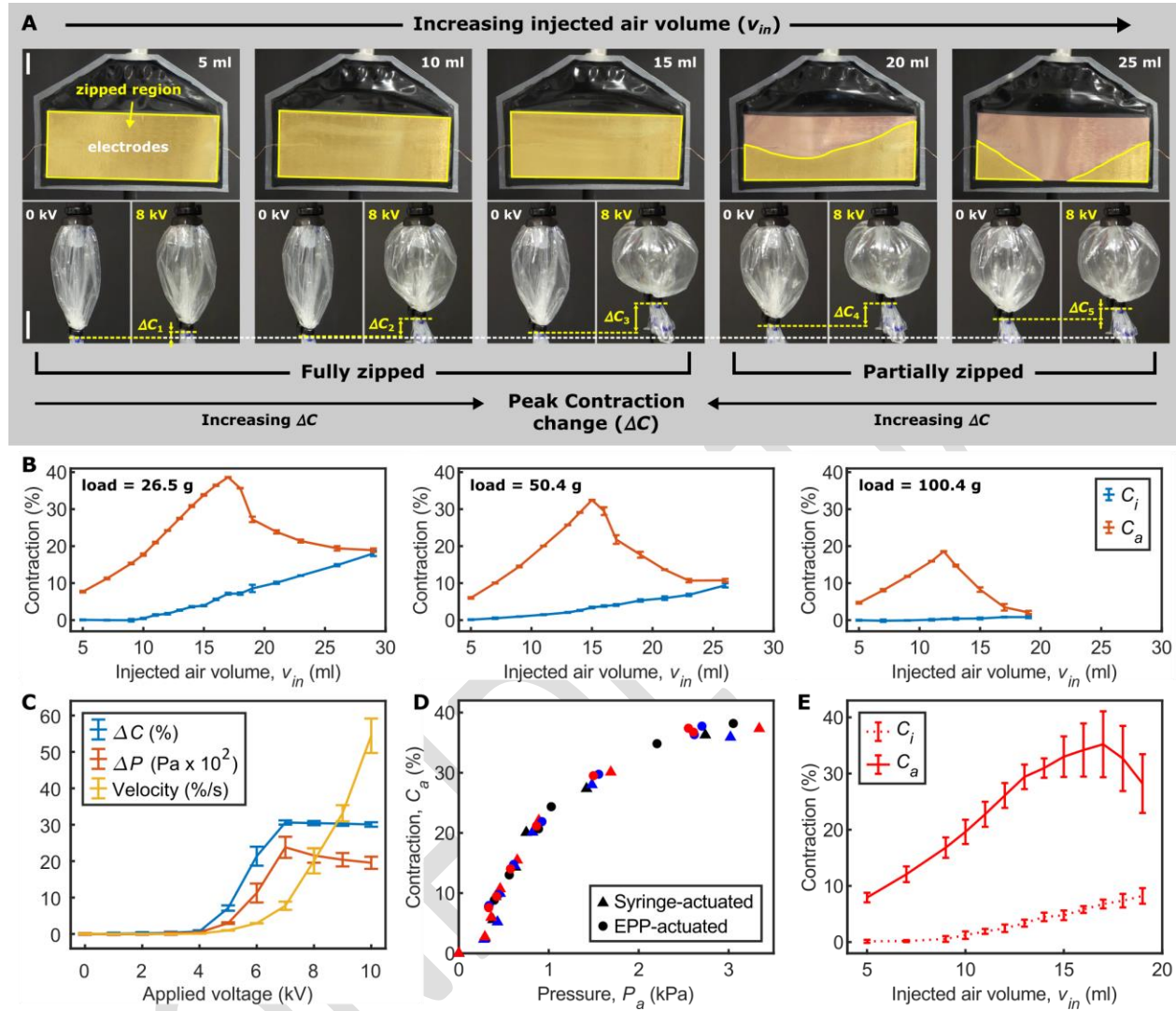
**Data and materials availability:** All data needed to evaluate the conclusions in the paper are present in the paper or in the Supplementary Materials. The datasets generated and analyzed during the current study are available in the University of Bristol Research Data Repository (<https://data.bris.ac.uk/data>): [UoB Data URL to be added here prior to publication].





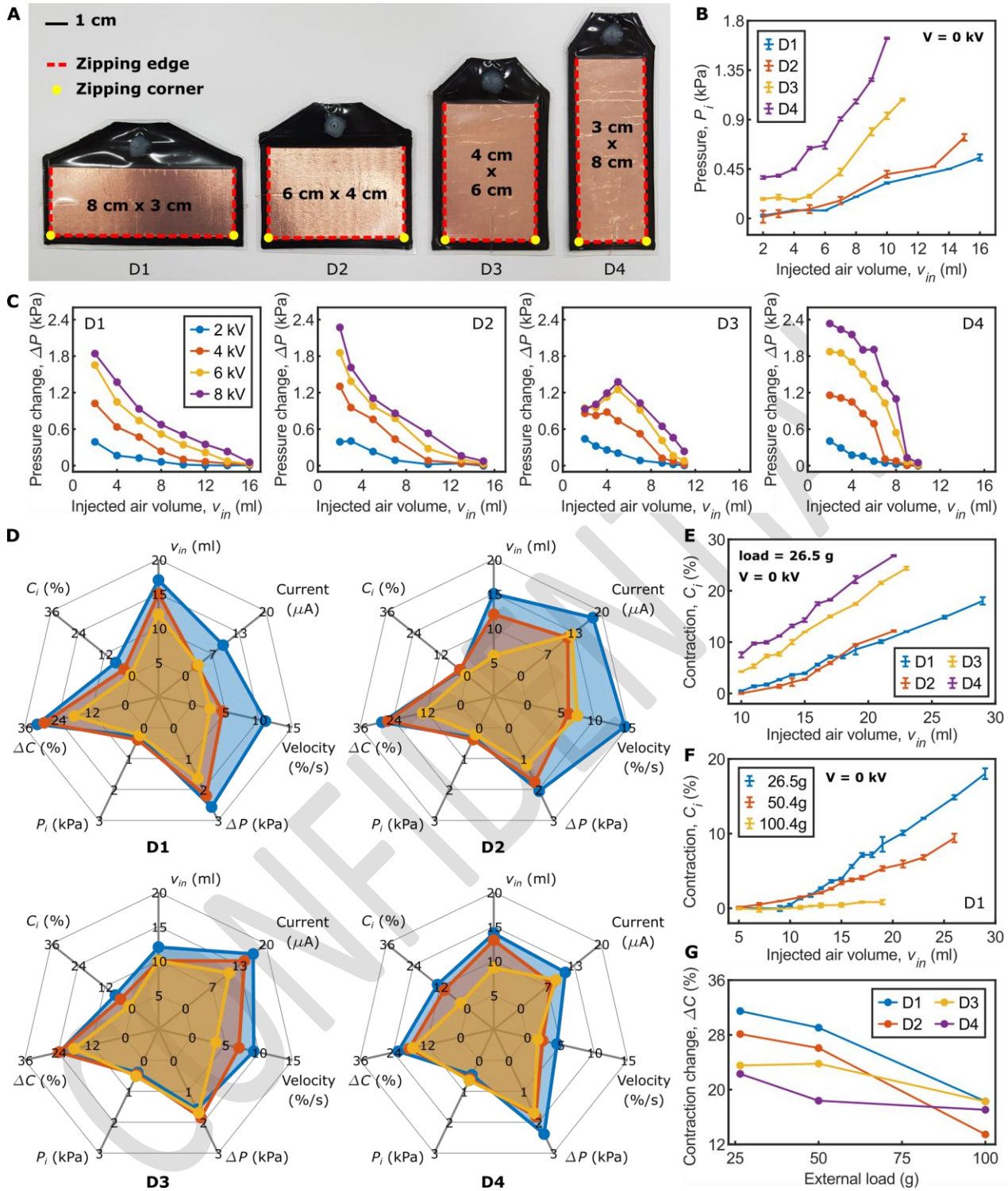
**Fig. 1. – Principal concepts and actuation of Electro-pneumatic Pump (EPP).** Photographs showing (A) the inflated EPP, (B) terminology describing zipping components, and (C) flexibility of the EPP. (D) Exploded-view schematic diagram showing components, and cross-section view of the EPP at electrode end. (E) Conceptual diagram of Dielectrophoretic Liquid Zipping used in the EPP. (F) Photographs of the EPP containing different injected air volume. (G) Simulation result of a typical EPP showing the increase in pressure change and total zipped length as voltage is increased (see Supplementary Materials). (H) Capability of the EPP made of 8 cm x 3 cm electrodes in generating pressure while containing different injected air volumes and actuated at different voltages, showing the relationship between pressure and injected air volume. Points are averages of three trials and error bars show  $\pm 1$  standard deviation. (I) Contraction change  $\Delta C$  of a connected pneumatic actuator (Bubble Artificial Muscle (BAM)) actuated by the EPP at different voltages. (J) Photograph of the EPP connected to the BAM. (K) Actuation of the

EPP-BAM system at 0, 4 and 8 kV (blue arrows denote the amount of air volume transferred from the EPP to the BAM). (L) Progressive zipping of the EPP actuated at 8 kV (numbers indicate time in seconds).

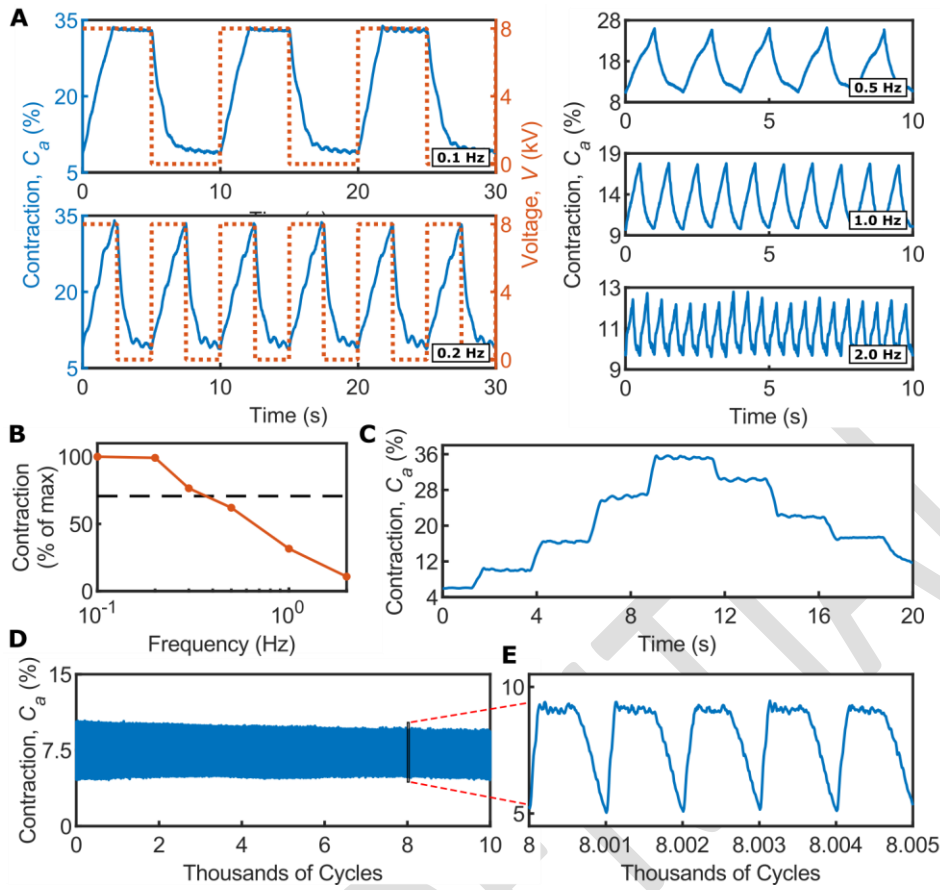


**Fig. 2. – Actuation characterization of the EPP-BAM system.** (A) Zipping behavior when increasing  $v_{in}$ , showing maximally zipped state and contraction change when actuated at 8 kV. Photographs of the EPP show the zipped region of the electrodes at 8 kV in yellow, and the BAM at 0 kV ( $C_i$ ) and 8 kV ( $C_a$ ). The white dashed line shows the initial contraction  $C_i$  of the BAM at  $v_{in} = 5$  ml and 0 kV; yellow dashed lines show contraction change  $\Delta C$  of the BAM at different  $v_{in}$ . Scale bars, 1 cm. (B) Initial and actuated contraction at different  $v_{in}$  under different applied loads. (C) Contraction change  $\Delta C$ , pressure change  $\Delta P$  and actuation velocity of the BAM under a load of 26.5 g when  $v_{in} = 17$  ml, actuated at increasing applied voltages. (D) Comparison of syringe-actuated and EPP-actuated BAM (different colors indicate different experimental trials). (E) Sample variation of BAM contraction when actuated by three EPPs of the same dimensions. In (B) and (C), points are averages of three trials and error bars show  $\pm 1$  standard deviation. In (E), points are averages of three trials from three EPPs (nine trials total), and error bars show  $\pm 1$  standard deviation.

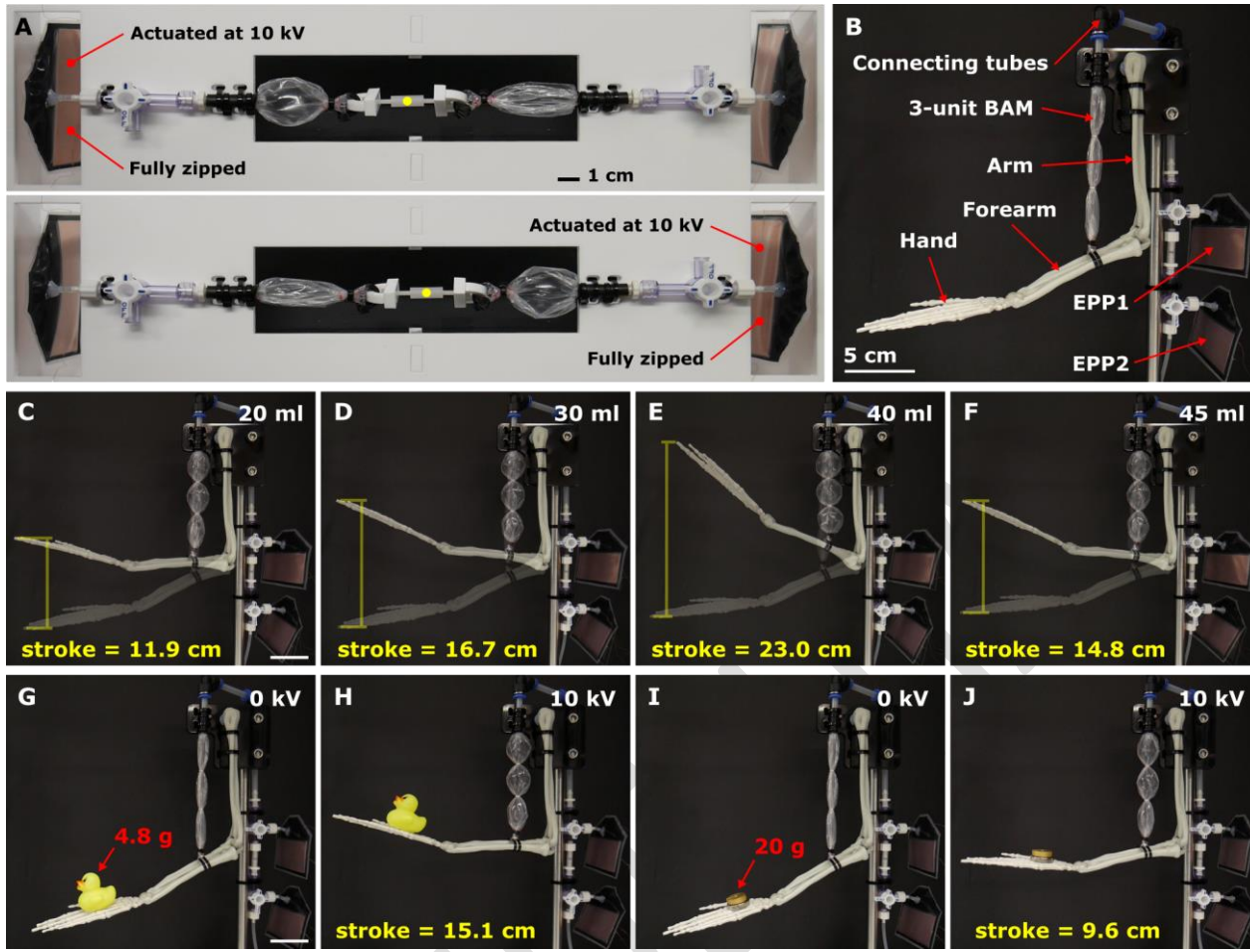




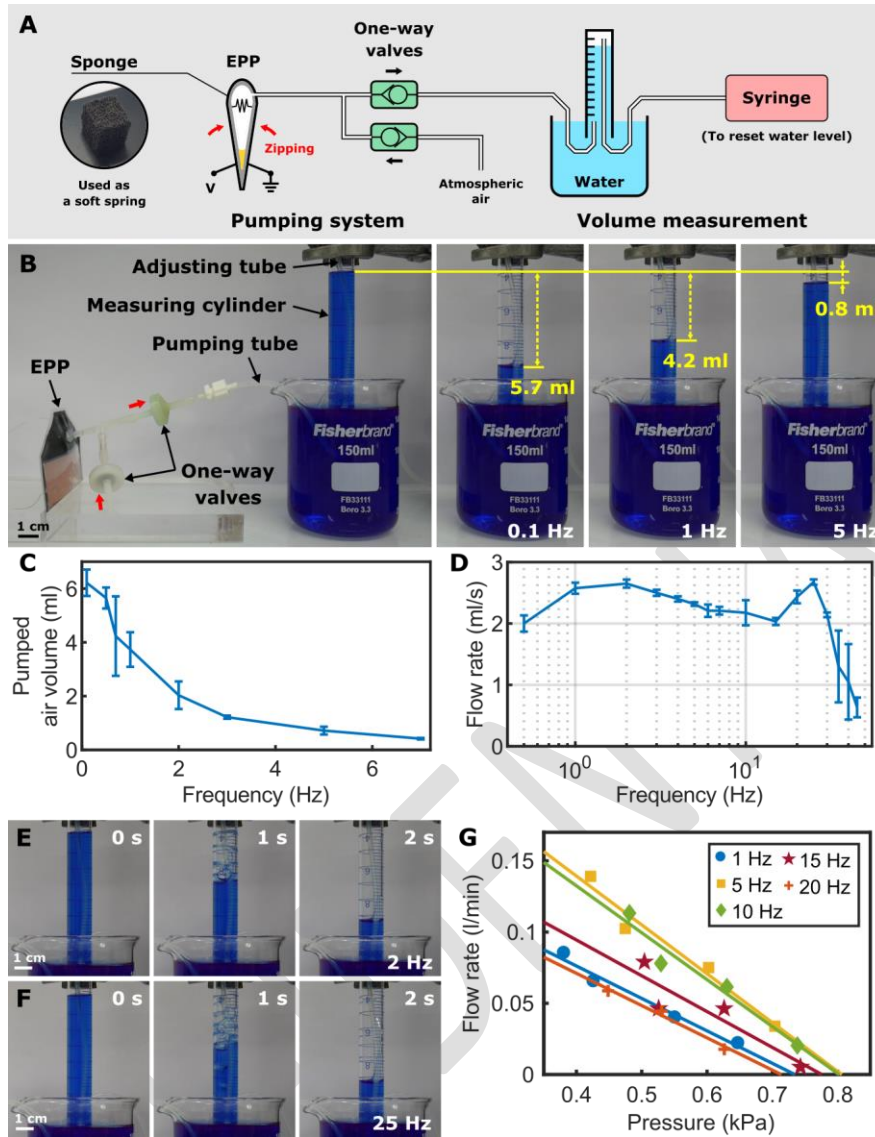
**Fig. 3. – Design characterization of the EPP and the EPP-BAM system.** (A) Photographs of four EPP designs with different dimensions. (B) Initial pressure  $P_i$  of the four EPPs when increasing  $v_{in}$ . (C) Pressure change  $\Delta P$  of the four EPPs directly connected to the pressure sensor, actuated at 8 kV. (D) Spider plots of each EPP design's key performance metrics when actuating a BAM under different loads at an applied voltage of 8 kV. Loads were 26.5 g (blue area), 50.2 g (red area) and 100.4 g (yellow area). Current describes the continuous current draw of the EPP when in its actuated state (while maintaining pressure). Velocity describes the average velocity of the BAM during contraction. (E-F) Initial contraction  $C_i$  of the BAM connected to (E) each EPP when loaded with a 26.5 g mass or (F) EPP D1 when loaded with different masses.  $V = 0$  kV in (E) and (F). (G) Contraction change  $\Delta C$  of the EPP-BAM system under different loads. In (B), (E) and (F), points are averages of three trials and error bars show  $\pm 1$  standard deviation.



**Fig. 4. – Capabilities of the EPP-BAM system (EPP D1).** (A) Actuation at frequencies of 0.1, 0.2, 0.5, 1.0 and 2.0 Hz at  $V = 8$  kV. (B) Bode plot of actuator frequency response at  $V = 8$  kV (The dashed line indicates -3 dB). (C) Voltage control allowing the EPP to hold the BAM at different intermediate contraction values. (D) Cyclic test of the EPP-BAM system, over ten thousand cycles at a frequency of 1 Hz and at voltage of 8 kV. (E) Five actuation cycles after 8,000 cycles.



**Fig. 5. – EPP-BAM antagonistic mechanism and arm-flexing wearable robotic device.** (A) Antagonistic mechanism featuring two identical EPP-BAM systems (EPP D1) connected in parallel, actuated at 10 kV (yellow dots indicate the center of the connecting bar). (B) Experimental setup of the wearable robotic device, driven by two parallel EPPs (design D1). (C-F) Motion of the arm when actuated at 10 kV, but with different  $v_{in}$  for the EPP-BAM system of 20, 30, 40 and 45 ml, respectively. (G-J) Resting and actuation states of the arm while holding a 4.8 g toy duck (G-H) and a 20 g load (I-J).



**Fig. 6. –Continuous-pumping using EPP D1.** (A) Experimental design to measure flow rate at atmospheric pressure ( $P_{atm}$ ). (B–C) Variation in pumped air volume during two actuation cycles at different frequencies at  $P_{atm}$ . (D) Variation in average flow rate during two seconds of cyclic actuation at different actuation frequencies at  $P_{atm}$ . (E–F) Variation in pumped air volume over two seconds of cyclic actuation at actuation frequencies of 2 and 25 Hz respectively. In (C) and (D), points are averages of three trials, and error bars show  $\pm 1$  standard deviation. (G) Relationship between mean flow rate and mean pressure (across three trials) of the EPP pump when setting output pressure higher than  $P_{atm}$ , actuated at frequency between 1 and 20 Hz (experimental data are presented as markers, also showed linear best-fit lines of the data for each frequency).